



2012 SUMMIT CITY STEALTH FAST PITCH SOFTBALL TEAM GENERAL RULES AND GUIDELINES

Practices and Games

Please remember to be prompt and prepared for practices and games. Bring liquid refreshment (water, Gatorade, whatever) and a sweatshirt as well as necessary equipment. It's also very important to pick up your child on time. The coaching staff would appreciate your consideration in this matter. In the rare occasion you are unavoidably detained at the time practice ends, contact one of the coaches via cell phone to make arrangements for your child. Warm-ups are important and are not chat time. Commit 100% to warming up properly. Hurt players do not help their team. You are a ball player; take your warm-up time seriously. Players are expected to TAKE CHARGE and make sure the warm up-s are complete. Coaches will go over warm up drills for the first few practices, but then, coaches will start using use this time to communicate with parents and each other.

Practice Dress Code

The girls must wear clothing and gear appropriate for practice. This includes ball glove, cleats, Tee-shirts that can be tucked in, athletic sweats or sport shorts and ball caps or visors. The girls should not wear school, mid-drift, halter or short tops, jewelry, inappropriate pants or shorts. The coach may ask the player to sit out of practice if the coach feels the player is not prepared for practice.

Game Dress Code

All girls must wear their assigned uniforms and have proper gear for games. This includes shirt, shorts, long socks, visor or hat (optional), rubber cleats, and ball glove. All shirts MUST be tucked in for games. Girls are not permitted to wear jewelry during games, including ear rings. Understand that travel softball is a highly competitive sport and there are no guarantees as to the amount of playing time or position.

Dugout Rules

During games, the coach, manager, assistant coaches, and the players are the only persons allowed in the dugout. The girls are asked to remain in the dugout throughout the game. Remember all the great moments you want to share and review with them after the game. Your child will appreciate that hug and pat on the back just as much after the game. Your cooperation is appreciated. The player can take their water and energy snacks in the dugout with them, eating meals in the dugout is not allowed during a game. NO CELL PHONES OR OTHER ELECTRONIC EQUIPMENT

Attendance

If your child misses two consecutive practices and/or games without prior notification to the coaches, she will sit out the following game. Please take the time to make a call to the coach and tell him or her when your child will not be at practices and games. We understand there are emergencies and sometimes you can't make that call early. Please contact a coach as soon as you can. We are trying to teach the girls responsibility to their teammates and you can be part of that process. We will try our best to work around other school and sport commitments. That means, giving your best effort, work through the hard times, enjoy your successes and those of your teammates. Work hard, learn, and ***hustle, hustle, hustle. We have a NO WALKING policy at all practices***



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Volunteer Policy

As with any youth sport organization, our Summit City Stealth Softball Club team is directed and maintained by volunteers. Many people contribute hundreds of hours to ensure your children have a worthwhile experience. In order for your team to run smoothly, every family must do its share. We require each player's family to help when called upon during the season. You may be asked to participate in snacks for games, banner responsibilities etc..

Sponsor Policy

Each player will be responsible to find sponsors, take donations or pay for their team fees. Organization sponsors can be used towards individual player fees. Once a player has fulfilled their fee commitment, the excess funds goes toward the "team" fees.

Addressing Coaches

If you have disagreements with coaches as to decisions, playing time, methods, etc., there will be a 24 hour cooling off period. Then contact the Manager to set up a time to discuss the issues. All other issues should be addressed with the General Manager(s).

I have read the above General Rules and Guidelines, the Mission, and the Code of Conduct and agree to adhere to those terms and regulations.

Player

Date

Parent / Guardian

Date

Manager/Coach

Date